

Dr. Jerry P. Abraham
Director of Kedren Vaccines



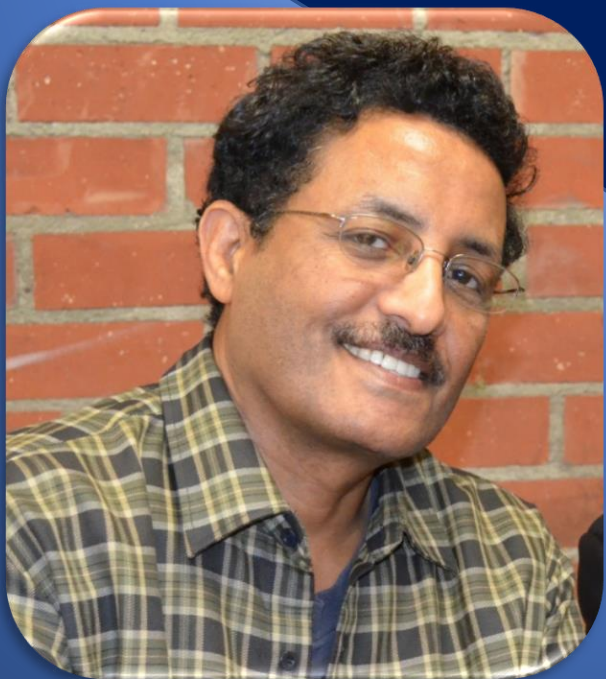
Dr. Thema Bryant
Professor of Psychology



2021
JUL - DEC



E-MAGAZINE



A Role Model Father
Engineer Dawit Yehdego



A Role Model Daughter
Sallina Yehdego



Topic - ትሕዝቶ

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Introduction

Team ImagEnatioN is excited to release its Second Edition E-magazine to the public. As indicated in our First Edition, the overall focuses of the ImagEnatioN are on our young generation, on galvanizing the diaspora Eritrean community, and on connecting Eritrea and the USA. To disseminate these noble ideas, we have been using three outlets: the E-magazine, the “Appetizer” talk show in English, and “ጠፃጦት - TeAmot” talk show in Tigrigna. Our intent is to create a platform for our young generation and others so that rich experiences, know-how, successes, and challenges can be shared with the wider audience.

Team ImagEnatioN would like to “thank” you, the readers, for your engagement, for following our channel, for your advice, for your constructive criticism, and for sharing your knowledge. We would not be able to do what we are trying to do without a dedicated audience. To that end, our team would like to see, at a grassroots level, Eritreans and friends of Eritreans to commit for a better and bright future and, collectively and individually, to chart out a synchronized roadmap to link our home country, Eritrea with our adopted nation, the United States of America.

To iterate, our E-magazine and Talk Shows are geared to accomplish the following:

- 1) Work hard to energize and involve our new generation to share their experiences publicly and get them involved in a manner that reflects their vision and aspiration.
- 2) At a grassroots level, through a sustained effort, work hard to connect, in the long run, the two nations: Eritrea and the United States of America.
- 3) Interview as many US officials and prominent figures as possible to engage them, to gauge what they know about us, to introduce them to our community, to learn from their experiences, and to cultivate, in a sustained manner, a mutual benefit for both sides. This will facilitate and energized our grand vision: *Cultivate, at a grassroots level, a long-term mutual understanding and benefit between Eritrea and the United States of America.* The end goal is to promote people, knowledge, historic places, the power of teamwork, peace, productivity, business, prosperity, networking, and many more about Eritrea and the US.

In this Second Edition of the E-magazine, we introduced four great individuals: two friends of our community; Dr. Jerry P. Abraham, Director of Kedren Vaccines and Dr. Thema Bryant, Professor of Psychology; and two Eritreans; Engineer Dawit Yehdego and his daughter Sallina Yehdego. Dr. Abraham serves as an advocate for equal access to public health and healthcare for all people across Los Angeles. Prof. Bryant, beside teaching, is also an ordained minister and sacred artist who has worked nationally and globally to provide relief and empowerment to marginalized persons.

Engineer Dawit is a staunch patriot, an accomplished engineer, a family man (and a role model father), an asset to the Eritrean community in Los Angeles, and COVID19 survivor. His daughter, Sallina is a talented and ambitious young Eritrean. A quote from her future ambition “*My future career is to become a physician — right now, I am really interested in family medicine. In the future, I hope to go back to Eritrea, work alongside a bright team of leaders to establish new clinics, help facilitate in current hospitals, and provide aid for the elderly, women, and children, and future generations in healthcare and mental health.*”

In this edition, we also cover the status of our Talk Shows and samples of viewers comments.

Enjoy!

Thank You!



Dr. Jerry P. Abraham, MD MPH CMQ Director of Kedren Vaccines



Dr. Jerry Abraham serves as an advocate for equal access to public health and healthcare for all people across Los Angeles. Throughout his time working as the director of Kedren Vaccines he has fought for the rights of several minority groups such as the black, hispanic, and LGBT community, specifically their right to reliable and nondiscriminatory care. Through a mixture of avid social activism and an extensive history of medical experience, Dr. Abraham has spent his career working to provide care for those who are often abused and neglected within the medical sector.

He is a graduate of multiple medical institutions such as the Emory University Rollins School of Public Health, Harvard University School of Public Health, The University of Texas School of Medicine, and the University of Southern California Keck School of Medicine. He has dedicated over a decade of training to becoming an expert in his field. On top of his

educational history, he is also a leader of several prestigious organizations such as Councilor of the American Medical Association, member of the American Public Health Association, Delegate of the United States Pharmacopeia, Trustee of the California Medical Association, Treasurer of the Los Angeles County Medical Association, and many more.

During the course of the COVID-19 pandemic, Dr. Abraham has taken the initiative to ensure that all members of the Los Angeles community are properly vaccinated and protected from coronavirus. As the Director of Kedren Vaccines, Dr. Abraham has vaccinated over 300,000 members of the South Los Angeles Community. Through the establishment of mobile vaccination units, and announcing his ‘LIVE, WORK, WORSHIP, PLAY, Go to School,’ and ‘Vax the Homebound Strategy’, he has created a program in which residents of underprivileged neighborhoods, those without reliable transportation, and people experiencing homelessness could not only be provided access to the vaccine itself but also a reliable patient education on vaccination safety. Through this effort, Dr. Abraham and his team have vaccinated hundreds of thousands of Los Angeles residents, saving countless lives and further keeping the community safe.

His passion for furthering the rights of underprivileged communities and expanding the bounds of traditional medical care as well as his deep love for the people of Los Angeles has shaped his career and will continue to be a driving force in his ever-continuing efforts to do as much as possible to protect and care for the public.



Certificate of Appreciation

IS HERE BY GIVEN TO

Dr. Jerry P. Abraham

The Eritrean-American Los Angeles COVID-19 Task Force sincerely appreciates your outstanding hard work and contributions to the Eritrean Community Vaccination Program in Los Angeles. We felicitate your commendable leadership during the Covid -19 pandemic and continue support.



October 24, 2021

**Eritrean-American
Los Angeles COVID-19 Task Force**



Dr. Thema Bryant
Professor of Psychology



Dr. Thema Bryant is a licensed psychologist, ordained minister, and sacred artist who has worked nationally and globally to provide relief and empowerment to marginalized persons. Dr. Thema, a professor at Pepperdine University, is a past president of the Society for the Psychology of Women. Her contributions to psychological research, policy, and practice have been honored by national and regional psychological associations.

Dr. Thema earned her doctorate from Duke University, completed her post-doctoral training at Harvard Medical Center, and is a past American Psychological Association representative to the United Nations. She has served as a mental health media consultant for numerous print, radio, and television media outlets, including but not limited to the Huffington Post, NPR, CBS, Oxygen, CNN, BET, TV One, Lifetime, and We TV. Dr. Thema has edited and co-edited books on recovery from sexual violence, spirituality and religion in women’s lives, and womanist and mujerista psychologies. She is the author of the critically-acclaimed books *Tweets for the Soul: When Life Falls Apart*, *Thriving in the wake of trauma: A multicultural guide*, *Mangos and Manna* and *The Birthing of a Lioness* and is the recording artist on the CD *Sky: An upbeat black girl’s song*. Her work is based in an

interdisciplinary understanding of spirituality, gender, culture, and psychology.

Dr. Thema received her doctorate from Duke University in Clinical Psychology with a focus on the cultural context of trauma recovery, as well as the intersection of gender and racial identity. She completed her post-doctoral training at Harvard Medical Center’s Victims of Violence Program. From 2001-2004, she served as Senior Staff Psychologist and Coordinator of the Princeton University SHARE Program, a counseling, education, training, and policy program aimed at addressing assault, harassment, and abuse. Dr. Thema was a faculty member at Lesley University in Boston and then the California State University of Long Beach. She is a tenured professor of psychology at Pepperdine University where she teaches on Trauma in Diverse Populations and Clinical Skills. She is a contributing author in the books *The Psychology of Racism*, *The Complete Guide to Mental Health for Women*, and *Featuring Females: Feminist Analyses of the Media*.

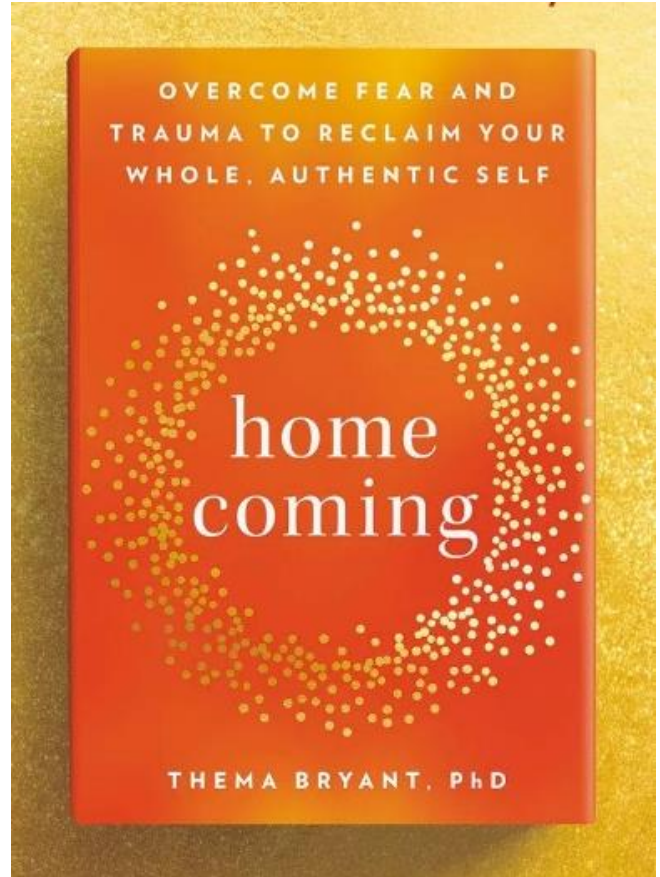
Dr. Thema served for three years as an American Psychological Association representative to the United Nations where she advocated for mental health and human rights globally. She served for an additional three years to the Committee on International Relations in Psychology; during that time, she was elected chairperson and spear-headed initiatives in response to the crisis in Darfur. In addition, she was appointed the Global and International



Issues Chairperson for the Society for the Psychology of Women. She later became president of the Society for the Psychology of Women, creating the society’s first film, CEU online program, task force on the trafficking of women, and task force on spirituality and religion in women’s lives.

Dr. Thema is a trained dancer and actress, having completed studies at The Baltimore School for the Arts, The Peabody Institute, The Liberian National Cultural Arts Center, and the Boston University Theater Institute. She teaches others how to use poetry, song, art, and movement for emotional and spiritual edification. From 2000 -2001, she was the Artistic Director of the Blackout Boston Arts Collective. Additionally, she won the Nuyorican Queen of Slam competition and has coached poets across the country. In addition, Dr. Thema is an accomplished playwright. Her play entitled Upbeat was performed in New York at the Urban Arts Theater Festival in 2003.

Using artistic expression, spirituality, psychology and culture, Dr. Thema is an internationally recognized lecturer, performer, and minister. She has presented at conferences, universities, churches, community centers, schools and prisons throughout the United States as well as in South America, Europe, Africa and the Caribbean. Dr. Bryant is an ordained minister in the African Methodist Episcopal Church. She leads a community mental health bible study at Walker Temple AME Church in Los Angeles and lives by words from her mother, Rev. Cecelia Williams Bryant, who states “God is speaking. My life is God’s vocabulary.”



During the pandemic, Dr. Thema supported the youth and young people in the Eritrean Community. She engaged in a very important conversation about mental health with two of our college students, Meseret and Merhawit Mehzun. Via Zoom, they invited Eritrean American young people and parents from all over the United States to sit in on this important discussion. The purpose of the event was the community to gain insight on how to deal with all that happened in 2020 (including the pandemic, isolation, online schooling, and the civil unrest), get youth to start taking care of their own mental health, and allow people to ask questions and gain advice on coping strategies and gain insight on the path to healing. Dr. Thema offered advice and educated us on causes of stress, signs of stress, and coping strategies. This conversation addressed stigmas around mental health in the Eritrean American Community and introduced us to the tools necessary to address our mental health needs.



Engineer Dawit Yehdego A Role Model Father



Engineer Dawit is a well-known person in Los Angeles and surrounding areas for his dedication to his family, to the Eritrean communities abroad, and to his native country, Eritrea. His dedication and attention to details makes him a valuable asset for the Eritrean community. Engineer Dawit has a bachelor’s degree in aeronautics and a master’s degree in metallurgy, and worked as a base manager at Envoy Air Inc., formerly American Eagle Airlines Envoy Air Inc. He managed aircraft maintenance station at LAX and worked as A&P Technician and engineer.

His involvement in Eritrea causes started way back in 1977 when he joined the Eritrean freedom fighters behind enemy line (Hafash Wudubat – ሓፋሽ ውድባት). After he migrated to Europe and USA, he continued to serve his country and people here in USA in the state of California in the cities of Los Angeles and San Diego. He served his community as a member of the National Union of Eritrean Youth and Students (NUEYS) (ሃማመተኤ – ሃገራዊ ማሕበር መንገሰያትን ተመሃሮን ኤርትራ). He also served diaspora Eritreans as a member of the EPLF (Eritrean People Liberation Front) in cultural troupe called **Awate** as a singer, musician, and in leadership. In all our national and cultural holidays, Dawit is always there to help, organize, support, and

make an event a success. He is still serving the Eritrean people within North America PFDJ media group and sub-region leadership. He also has served as language and history teacher at SELLA (School of Eritrean Language Los Angeles).

As a family man and exemplary father, two of his kids Denden and Sallina are committed as university pre-med students eventually to become medical doctors, and his third son Isaias to further study business administration. When COVID-19 pandemic hit the United States, Engineer Dawit was one of the millions of people who suffered by the virus. The entire Dawit’s family suffered from COVID19 in July of 2020. His wife Elsa, his daughter Sallina, his sons Denden and Isaias were fortunate enough to have mild cases but not so with Dawit. By the grace of God blessings, Engineer Dawit is fortunate to have survived sever case of COVID19 which left him in the hospital for 9 months most of which in intensive care and challenging physical and respiratory therapies. Thanks to his perseverance, family tenacity, Eritrean community supporting system, his medical team, and above all, thanks to the grace of God, he survived the onslaught of the virus. He continues his therapy at home with tremendous improvement.

To reconnect our brother with the Eritrean communities, a Zoom-based virtual meeting was organized. The intent was for Dawit to see his community, for the community to see him, for Dawit and family to thank our Eritrean community here in Los Angeles and all over the country for their support, and for all of us to travel through a memory lane to reminiscence about our brother good deeds. The program titled “Our brother Dawit, great to see you!” ran for approximately one hour and 40 minutes with attendees from all over the United States. His wife Elsa and his brother Haile thanked the public for their outpouring support, love, care, and prayers during the challenging times and dark hours in their family. Dawit’s core message was that the Eritrean community prayer and unflinching support gave him a second chance and survived his illness.

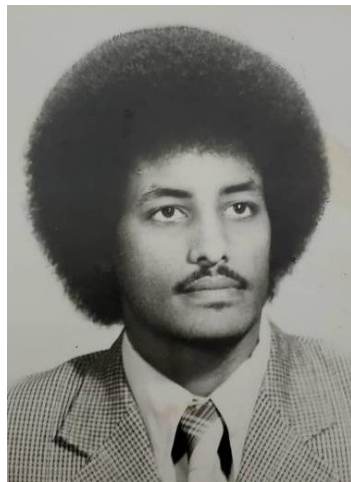
Sallina thanked each of the Zoom-based meeting participants and those who were there for her dad and for her family. She indicated that the 9 months were the most challenging time in her family but the Eritrean community endless love, support, blessings, prayers, care are what brought Dawit back home! She elaborated that the Eritrean community here and all over the globe have gone above and beyond to make her dad recovery and transition as smooth as possible. This is not only for her dad but also for her family. **“I can’t say it enough when I say thank you to the Eritrea community. Thank you for being a sense of stability, equilibrium, and sanity for my family”**



Sallina said. She offered some advice, “in life there is no such thing as impossible, and anything is possible. As we celebrate my dad, please take the lesson to prioritize your health, your family, your loved ones, and also your neighbors. Take the vaccination and if you can regularly check your health. Make sure that you follow the Federal and state health and safety guidelines. Take it seriously; this virus is not a joke!”

Heartfelt messages from Yemane Ghebream, Ghenet Araya, SELLA family and students, Ruth Yemane, Dr. Ghidewon Abbay Asmerom, Ogbazgy Abbay Asmerom, Gezai Berhane, Mehret Haile, Abdulrahman Nur, Meseret Mehzun, Merhawit Mehzun, Elsa Zedingle, Sahle Gebremariam, Berhane Kassa, Winta Abdulrahman, Dehab Gebremeskel, Amanuel Risat, Hagos Berhe, Medhanie, Zerezghi Abrehe, Yemane Ghebreslasse, Ghirmai Israel, Sebila Girmay, Beraki Yohannes, Habte, and many others were offered during the virtual meeting. At the end, Dawit thanked all Eritreans and he said he is 80% recovered. He will fight for the rest of 20%. He said, “*hopefully I will join my compatriots in person. What you have done for me and for my family is beyond anything. I love you all and I will be back energized!*”

We have a rich and caring culture, tradition, and humanity as Eritreans, and these great values play great role in the grittiness and resolve of our friend Dawit to recover from his awful ordeal. Team ImagenatioN wishes our brother, Dawit, a complete and speedy recovery.





Sallina Yehdego A Role Model Daughter

Name: Sallina Yehdego
Mother: Elsa Iyasu
Father: Dawit Yehdego
City: Inglewood (Los Angeles)
State: California
Email: sallinayehdego4@gmail.com
 (Please reach out to me if you any questions regarding college apps, pre-medicine, and/or other advice)



Education

Name of High School:
 Bright Star Secondary Charter High School
 Year graduated: 2018

Name of College/University:
 UCLA for undergraduate

Major:
 Psychobiology (with minor in Global Health)
 Expected Graduation: 2022

How was your high school experience?
I tried to make the best of my high school experience with the resources that I was fortunate to have. I was part of the Varsity Basketball team for four years as well as the Varsity Volleyball and Track teams for one year. I was also a part of the Drama/Theatre club and the school band. I would perform in front of hundreds of people for my school's annual showcase as well as many school field events. The highlight of my high school experience were the moments I was on the stage performing.



How was or is your college experience?
My college experience is a moment of my life that I am so grateful for. I learned so much about dependency, what I am capable of overcoming, and overall learned so much about myself which would not have been learned if I had not attended. Despite my years physically at UCLA being cut short due to the COVID-19 pandemic, I tried to take full advantage of the resources provided to me, joined a number of organizations that resonated with me, all while expanding my community involvement and established everlasting friendships.

What is your favorite subject?
My favorite subject in school is science, specifically psychology and biology — to be even more specific, physiology.

Why did you select your major?
I am so fortunate to study a major that intertwines my two interests in science — psychology and biology. Although the idea of memorizing body parts, studying human anatomy and numerous mental disorders seems daunting to most, I have always been fascinated learning about the human body and how/why our genetics and environment influence the way we function.



What advise do you have for youth?

You are capable of everything and anything you dream of doing if you have the right mindset and devotion for your passion(s). No matter how difficult the road may be, always have faith in yourself, trust the timing of your life, and always stay focused on your own journey, even if it may be different from your initial dreams.

Work and/or Volunteer Experiences

1. Company Name, Years worked and Job Title?

- School of Eritrean Language, Los Angeles (SELLA), September 2014 — June 2019, Teacher Assistant and Mentor
- UCLA Ronald Reagan Hospital, September 2018 — Present, Student Volunteer
- SD Neurosurgery Internship, July 2021 — Present, Remote Student Intern

2. What are your job duties?

At SELLA, I taught the students, ages 4-17, the Tigrinya language, culture, and history, executed community festivities and events alongside the parent council, and hosted college/career development workshops for 50+ students and their families.

As a student volunteer at the UCLA Ronald Reagan Hospital, I am responsible for greeting each visitor/patient along with providing wheelchair and escort assistance. I discharge patients, assist in transfers, and help the patient transport staff.

As a remote intern for SD Neurosurgery, I schedule new patients, keep track of insurance plans and get practice into insurance plans, create all patients' charges, track the charges, and verify if the medical payments were made. I also work alongside my peers and intern lead to create and maintain budgets for the practice.

3. What do you love about your job?

I love my jobs and appreciate all my volunteer experiences. Being a teacher assistant and mentor has not only enhanced aided my students but also allowed me to enhance my communication and customer service skills. Adding to this, being student volunteer and intern has allows me to see various areas of the hospital and get clinical exposure. My working experiences has always granted me the ability to be my most friendly and proactive, which I admire.



Sallina photographed alongside Eritrean youth after her Youth College Workshop at the School of Eritrean Language, Los Angeles (SELLA) (2019)



Sallina photographed during her first year at UCLA (2018)



FISH (Favorites- Interests-Skills-Hobbies)

Favorite Things:
Color: Yellow
Food: Tsom food (specifically Shiro)
Ice cream flavor: Strawberry
Sport/Team: Lakers
Movie: Forrest Gump
TV Show: Grey's Anatomy
Music: R&B

Interests:
Places to go: Anywhere outside of the US (e.g., Eritrea, Italy, Germany, Canada)
Last Book read: The PreMed Survival Guide by Dr. Manna Hagos + Exercise Book (highly recommend giving this book a read to amplify your mindset and character, even if you are not pre med!)
Dream Job: Physician
Other: Child care and pet care

Skills/Talents:
 - Singing
 - Sketching/drawing
 - Calligraphy
 - Video recording/editing

Hobbies:
 - Mindfulness practices (i.e., meditation and journaling)
 - Painting
 - Traveling

WRAP (Wishes/Thanks - Role Models – Achievements – Personal Attributes)

Wishes /Thanks

What are your wishes for 2021 and beyond?
In 2021 and beyond, I wish for more peace, harmony, and compassion for everyone. I wish people were more respectful and sympathetic of what other people are going and healing through. Last, I wish for good health and happiness in the new years ahead.

What are you thankful about?
Thankful to be alive, healthy, and flourishing. I'm also thankful for my morals and the opportunities in my life. I cannot forget to mention I am thankful the endless love and support of the generations of prayers, my family and loved ones, as well as their health and strength

Role Model(s) and Quote(s):

Who is (are) your role model(s)?
My parents are my biggest role models. From being separated on the other side of the world away from their homes at such a young age with nothing but their commitment to a better life, my mother and father both continue to prove the impossible is possible if you hold faith and discipline. Their strength and devotion towards bettering the lives of not only themselves and immediate family, but their children and future children is inspirational.

Quote(s)

- "If you don't sacrifice for what you want, what you want will become the sacrifice." (Unknown)*
- "Life isn't about finding yourself. Life is about creating yourself." (Unknown)*
- "The camel keeps on marching, while the dogs keep on barking!" (Unknown Eritrean)*
- "I have set the Lord always before me. Because he is at my right hand, I will not be shaken." (Psalm 16:8)*



Achievements/Goals

What are your past/current achievements/Awards/honors?

- BSSCA Presidential Award (2018)
- Kayne Scholarship (2018 - Present)
- Chancellor's Blue and Gold Scholarship (2018 - Present)
- SELLA Leadership Award (2017, 2018 & 2019)

What are your future goals?

First, I want to earn my Bachelor's of Science at UCLA and complete my pre-medical journey by attending medical school. My future career is to become a physician — right now, I am really interested in family medicine. In the future, I hope to go back to Eritrea, work alongside a bright team of leaders to establish new clinics, help facilitate in current hospitals, and provide aid for the elderly, women, and children, and future generations in healthcare and mental health.

Personal Attributes

What are at least five adjectives that describe you?

- Intuitive
- Adaptable
- Empathetic
- Compassionate
- Open-minded

Do you have your own quote?

We are not humans, but human beings. We must be aware we're verbs rather than nouns, as life flashes before our eyes and we continue to change. So stop viewing yourself as a noun and allow your mind, body, and spirit to grow.



Sallina singing at her high school's annual Showcase of the Arts (2017)



Sallina photographed alongside UCLA's East African Student Association (EASA) 2019-2020 board (2019)





2021 Talk Shows and Feedback from Viewers

Team ImagenatioN started its talk shows on May 21, 2021, with a Zoom-based interview of the honorable Eric Garcetti, mayor of Los Angeles. We started our channel with English language under “Appetizer” talk show. Followed by four episodes (S1E2 – a conversation with honorable Marqueece Harrison-Dawson, S1E3 – the twin sisters, S1E4 – an interview with Zebib Yemane, MD) before we produced our first show in Tigrigna (one of the Eritrean languages). Our first show in Tigrigna was released on September 24, 2021, under a talk show name “TeAmot – ጠዓሞት”. Under the same Tigrigna talk show, we released one additional episode (S1E2 – life experience chat with Mr. Yemane Ghebreslassie). We added two more shows in English (S1E5 – education conversation with Dr. Abraham and S1E6 – a short chat with Olympian Meb). In 2021, in both talk shows, we released eight episodes. Thank you for your support and following our channel, ImagenatioN.

Below are some of the sample comments we have compiled from our channel audiences.

	Appetizer - S1E6 Meb's short interview: Work hard to succeed! ImagenatioN, Eritrea, USA Email: imagenation7691@gmail.com Website: https://www.imagenation7691.com Twitter: http://twitter.com/ImagN7691 Facebook: www.facebook.com/imageNation7691 Instagram:...
	ጠዓሞት - S1E2: ዘይጽገቶኛ ፍቅርን ግዜን ንደቅና!!! Yemane, ImagenatioN, Eritrea, USA Email: imagenation7691@gmail.com Website: https://www.imagenation7691.com Twitter: http://twitter.com/ImagN7691 Facebook: www.facebook.com/imageNation7691 Instagram:...
	Appetizer - S1E5: Interview with medical doctor, Dr. Abraham, COVID19, Vaccine Email: imagenation7691@gmail.com Website: https://www.imagenation7691.com Twitter: http://twitter.com/ImagN7691 Facebook: www.facebook.com/imageNation7691 Instagram:...
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	Appetizer - S1-E4 Interview with newly graduate medical doctor, Dr. Zebib Yemane Email: imagenation7691@gmail.com Website: https://www.imagenation7691.com Twitter: http://twitter.com/ImagN7691 Facebook: www.facebook.com/imageNation7691 Instagram:...
	Appetizer - ImagenatioN, S1E3, Eritrea, Sallina, Meseret, Merhawit, USA Email: imagenation7691@gmail.com Website: https://www.imagenation7691.com Twitter: http://twitter.com/ImagN7691 Facebook: www.facebook.com/imageNation7691 Instagram:...
	Appetizer - ImagenatioN, S1E2, Eritrea, Marqueece Harris-Dawson, USA Email: imagenation7691@gmail.com Website: https://www.imagenation7691.com Twitter: http://twitter.com/ImagN7691 Facebook: www.facebook.com/imageNation7691 Instagram:...
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“This is fantastic!! A bridge building of our generation & the rest of the world. Specially Americans. It is about time to have such a show at this crucial time of our young Eritrean generation.”

“I've known Yemane since the days of Gedli- we were together. He was always a person of principle and a solid personality. I'm not surprised that he and Mebrat succeeded to nurture children into success. Congratulations to Yemane and his family.”

“What an amazing interview with Dr. Abraham. He is so well informed. What an expert. Thank you, Tsega Habte and Dr. Bini. Looking forward to more conversations.”

“This, for me, is more than an interview, it is a seminar on pandemic and on how to handle it with scientific solutions. Thank you, guys, for creating this exemplary platform to reach out our

community as this is what we need to amplify our knowledge, build up our trust and avoid unnecessary skepticism. Keep it up!!!”



“I just can’t stop watching this interview! What a wonderful interview! you guys are amazing and keep shining deke Ere! Job, Well done Tsegina and Dr Bini for giving this chance to our young intelligent youth, so much to learn from them. Kudos to all of you and congratulations and keep up the good work, God bless you all.”

“I am so proud of you all. Keep it up the good work!”

“ጣዳሞት ሰሰናዩ ናዓኹም!”

“I know how much hard work has gone into this and I have every confidence that you will succeed. Los Angeles talk show will be a mover and shaker. You are a trendsetter and very savvy to start this innovation. I am aware that your dedication and determination will definitely fetch you success. It’s because of your dedication that you could open this show. This shows how well you care for the Los Angeles community and keep your community happy. I hear from other sources also that the show is very authentic, and something can be relied on. I feel proud when I hear that I believe that your honesty and loyalty will make you grow further. I wish that your new show will become fruitful and productive for the coming years. I’m so proud to have been your colleague at Los Angeles community, Eritrean church and the most important one the Eritrean Martyrs Fund Raising where I observed your sharp intellect and drive. If there is anything at all I can do to promote your new talk show, please let me know. I’d be glad to assist however I can if I can be of help.”

“Great work is performing by the appetizer members. Thanks Dr. Bini and Ms. Tseghe for the work you are doing for LA Eritrean community and for the entire Eritrean communities across the country. Public Diplomacy the most part we should push in our communities to be able to show who we are. Thank you again.”

“Wow...!!!!!! Thank you, Appetizer, for creating this wonderful platform to get us know who our young generation are and what are they doing or pursuing. Dr. Zebib you are amazing role model to the young people who migrate to any country in the world. Your determination and resilience are the reflection of your roots, Eritrea and its people. Your parents together with their fellow Eritreans fought for Eritrea Independence with determination and resilience and were successful. They made History and you made and are still making History. Merciye, your confidence and presentation are jaw dropping. Like mother like daughter. Eritrean mothers are to be admired and applauded for bearing and raising children that preserve and conserve the noble virtues and values of our nationalism. Our young children are so wonderful in national defense, at school, at work etc. We are proud of you keep it up. Tseghe and Bini thank you for encouraging the young generation to come out and get connected to their people wherever they are. I am sure you will bring this to the next level. Good Job!!!!”

*“Appetizer
‘From us’ ‘To us’ ‘By us!’
ካባና! ናባና! ብኣና!”*



Summary of Magazine in Tigrinya ጽሟቕ ትሕዝቶ መጽሔት ብትግርኛ

ጋንታ ኢመጅነሽን፡ ካልኣይ ሕታም መጽሔት ንህዝቢ ከተቐርብ ከላ ዝስመዓ ሓጎስ ወሰን የብሉን። ከምቲ ኣብ ቀዳማይ ሕታም ዝተጠቐሰ፡ ቀንዲ ኣተኩሮ ኢመጅነሽን፡ ኣብ ንጥፊታት መንእሰያትን ካልኣትን ኮይኑ፡ ብተወሳኺ፡ ምብራኽ ርክብ ምጭውቲ ሃገርናን ሕቡራት መንግስታት ኣመሪካንን ምልላይ ማሕበረ ኮምፍ ምስ ግዳም ውን ዘጠቓለሉዮ። ነዚ መደባት ንህዝብና ንምልላይን ምስ ህዝብና ኮይና ንምዝታይን፡ ክልተ ናይ ዘተ መኣዲ፡ ማለት ብቋንቋ እንግሊዘኛ ትፍፍ “ኣፕታይዘር”፡ ብቋንቋ ትግርኛ ድማ “ጠዓምት” ከም ውን እዛ መጽሔት ንጥቀም። ብፍላይ ኣብ መንእሰያትናን ካልኣትን ዘተኮረ መደብ፡ እቲ ንሓዋሩ ክንሃርም ንደሊ ዕላማ፡ ጥጡሕ ባይታን መድረኽን ብምፍጣር፡ ውህሉል ተሞክሮታት ንካፈለሉ፡ ፍሉይ ክእለት ካብ ካልኣት ንቐስመሉ፡ እንዳተዘናጋዕና ካብ ነንሓድሕድና ንማሃረሉ፡ ዓወታትና ነጋዋሓሉ፡ ብደሆታትና ሓቢርና ንዝተየሉ ክኸውንዮ ጸዕርና።

በዚ ኢጋጣሚ፡ ጋንታ ኢመጅነሽን፡ ንኹሎም ተሽታተልቲ መደብናን ሰዓብትናን ደገፍትናን፡ ንስለቲ ምክትታልኩም፡ ምኽርኹም፡ ሓልዮትኩም፡ ሃናጺ ነቋፊታቲኹምን ምክፋል ፍልጠትኩምን ካብ ልቢ ተመስግን። እዚ ፍናን ዝሊ ሰኒቕና ኢና ድማ ብስኒትን ምክብባርን ምትሕልላይን፡ ብእኩብ ኮነ ብውልቁ፡ ኣብ ግዳም ንነብር ኤርትራውን፡ ንሓድሽ ወለዶን ንሃገርና ብዝጠቐም መንገዲ፡ ኢድን ጓንትን ኮይና ብምስራሕ፡ ናብቲ ዝለዓለ ጥርዝን ራህዋን ክንበጽሕ ንክእል። ዘይካኣል የለን!

- ንምዝኸኻር፡ ብሓፈሻ፡ እዛ መጽሔት ኮነ ናይ ዘተ-መኣድታትና፡ ነዘን ዝስዕባ ሰለስተ ዓባይቲ መደባት ኣብ ምትግባር ኣተኩረን ይሰርሓ ኣለዎ።
- 1) ኣብ ምሕብራብ ተዋሳኒነት ሓድሽ ወለዶን ብኡ ኣቢልካ ድማ ኣብ ምእንጋድን ምትግባርን ራኢኡምን ርኢኡምን ርኢኡምን ዕቶብ ጸዕሪ ምክያድ።
 - 2) ብደረጃ ውልቀ-ሰባት፡ ኣብ ነዊሕ እዋን ዝትግበር፡ ብዝተወደበን ዝተጸንገን መንገድን ብዘየባሪ ምሕብራብን ክንክንን፡ ንምትእስሳር ሃገርና ኤርትራን ንነብረላ ሃገረ ሕቡራት መንግስታት ኣመሪካ፡ ንረብሓ ክልቲኡ ወገናት ብዘገልገል መንገዲ ጸዕርታት ምክያድ።
 - 3) ብዝተኻለ መጠን፡ ንብዙሓት ሰብ-መዚ ኣመሪካውያንን ጸለውቲ ዝበሃሉ ህቡባት ውልቀሰባትን ቃለ- መጠይቕ ብምግባር፡ ምስ ኤርትራዊ ማሕበረ-ኮም ዝዋስኡ ኩነታትን ምፍጣር። ኣፍልጦኦም ብዛዕባ ኤርትራ ንምዕራቕ፡ ብዛዕባና እንታይ ይፈልጡ፡ ብኸመይ መንገዲ ምስ ኤርትራዊ ማሕበረ-ኮም ነላልዮም፡ ካብኡም ብኸመይ ትምህርቲ ንቐስም፡ ዝብሉን ካልእን ኣምራት ከም መበገሲ ብምውሳድ፡ ነጥብ-መቐይሮ ንዓይነታዊ ለውጢ ንምምጻእ ምዕያይ።

መጽሔት ኢመጅነሽን፡ ኣብዚ ካልኣይ ሕታም፡ ክልተ ኣብ ከባቢና ዝርከቡ ህቡባት መሓዘት ኤርትራ ኣመሪካውያን ምስ ማሕበረ-ኮማን ንምልላይ ሒዞ ቐሪባ ኣላ። እቲ ቐዳማይ፡ ዶ/ር ጀሪ ኣብራሃም፡ ዳይሬክተር ናይ ካድረን ክታብት ማእከል ኣብ ሎስ ኣንጀለስ ዝበሃልዮ። ዶ/ር ኣብራሃም፡ ወዲ ሰብ መንዮ ብዘየገድስ፡ ኣብ ኩሉን ኣብ ዝኾነ እዋንን ማዕረ ናይ ሕክምና ኣገልግሎት ክረከብ ይግባእ ኢሉ ዝምጉት ናይ ሕክምና በዓል ሞያዮ። ኣብ ናይ ዘተ መኣድና ቀሪቡውን፡ እዋናውን መሳጥን ሓበሬታ ኣስኒቕናዮ። እታ ካልኣይቲ ጋሻና፡ ዶ/ር ቴማ ብራይንት ትበሃል ፕሮፌሰር ናይ ሳይኮሎጂ ኣብ ዩኒቨርሲቲ ፕሮፍሰር ይዮ። ካህንን ስነ-ጥበባዊት ውን እያ። ኣብ ናይ ኤርትራውያን ናይ ዘተ መኣዲ ብምስታፍ፡ ብማንዛዊ መንገዲ፡ ተሞክሮረኣ ኣካፈላትና።

ካብ ኤርትራውያን ድማ፡ ኣብዚ ሕታም፡ ኣብነታዊ ኣቦን ኣብነታዊት ውላድን ሒዞ ወጺኦ ኣላ። ኢንጅነር ዳዊት የሕደንን ጓሉ ሳሊና ይሕደንን ድማ ይበሃሉ። ኢንጅነር ዳዊት፡ ሓደ ካብቶም ብተወፋይነቶም ኣብ ሎስ ኣንጀለስን ከባቢኣን ፍሉጥ ዝኾነ ሓዊት ሓውዮ። ክምህ ዘይብል ሃገራዊ፡ ውፋይ ኣገልጋሊ ማሕበረ-ኮም ኤርትራውያን ሃገረ ኤርትራን፡ ኣብነታዊ ኣቦ ንስድርኡዮ። ብሰንኪ ለበዳ ሕማም ኮቪድ 19፡ ንልዕሊ 9 ወርሒ ኣብ ሆስፒታል ተዓቕቡ ድሕሪ ምጽናሕ፡ ፊትሊ በቲኹ ንገዝኡ ተመሊሱ። ጓሉ ሳሊና፡ ሓንቲ ካብቶም ብኣካዳምያዊ፡ ብስነ-ጥበብ፡ ብተወፋይነት ኣብ ምግልጋል መሳቱኣ ኮነ ብዕድመ ትሕቲኣ ዝኾነ ኤርትራውያን ዝኾነት ሃብርም መንእሰይያ። ሕክምና ከተጽንዕ ትሸባሸ ኣላ። ሓደ ካብቲ ናይ መጻኢ ባህጋን ሸቶኣን፡ ንጠቕስ፡ “ኣብዚ ሕጂ ሓኪም ንምጂን እዩ ጸዕሪይ። ተስፋ ይገብር፡ ኣብ መጻኢ፡ ናብ ኤርትራ ተመሊሱ፡ ምስቶም ኣብ ሃገር ዘለዉ ክኢላታት ብምትሕብባር፡ ሓዳሽ ናይ ሕክምና መደብር ጥዕና ከተክል/ክምስርት። ኣብ ኤርትራ ዘለዉ ሆስፒታላትን ሽማግሌታትን ደቂ ኣንስትዮንን ህጻናትን ፍሉይ ኣገልግሎትን ምሃብዮ ናይ መጻኢ ሕልመይን ባህይን።”

ብዕለት 18 ታሕሳስ 2021፡ ብማንዛዊ መንገዲ ንዳዊት ምስ ህዝቢ ናይ ምርኻብ ዕውት ስራሕ ተኸይዱ። ካብዚ ኤርትራዊ ማሕበረ-ሰብ ምፍጣር ማለት እንታይ ምጂኑ ብግብሪ ተራእዮ። ያታዊ ባህልና፡ ልማድና፡ ናይ ምትሕልላይ መንፈስና፡ ካልኣት ብሉጻት ሕላገት መንነትና ክትሪኢ ከሎኻ፡ “እንኳን ካብዚ ህዝቢ ተፈጠርኩ” ዘብልዮ ኔሩ።

ኣብ መወዳእታ፡ ሓጺር ጽሑፍ ብዛዕባ ኣብ ዝሓለፈ 2021 ዝተፈነወ/ዝተዘርገሐ ሸምንተ መደባት ቀሪቡሎ። ወከልቲ ክኾኑ ይኸእሉዮም ዝበልናዮም ርእዮታት ናይ ህዝቢ ውን ሒዞ ወጽዮ ኣላ።

ሰናይ ምክትታል፡
ሰናይ ንባብ፡

የቐንደልና - ጋንታ መሰለት ሃገር



1776

2021

IMAGINATION

July – December

GENERATIONS

ወለደታቸው

መሰረታቸው

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